



SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195. Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnavpi.org

7.2.1 Best Practices

Best Practice-I

1. Title of the Practice: Advanced Simulation and Skills Centre (ASSC)

2. Objectives of the Practice:

- To enhance fundamental and advanced clinical nursing skills through simulation-based practice.
- To ensure patient safety by providing a risk-free environment for skill development.
- To strengthen critical thinking and clinical decision-making abilities.
- To bridge the gap between theoretical knowledge and clinical practice.
- To improve communication, teamwork, and leadership skills among students.
- To assess and evaluate clinical competencies using structured skill assessments and OSCEs.

3. The Context:

Clinical training in nursing education often faces challenges such as limited clinical exposure, patient safety concerns, and restricted opportunities to practice complex procedures. The Advanced Skills and Simulation Centre was established to address these challenges by providing a structured, technology-enabled learning environment that supports competency-based education. The Centre aligns with INC guidelines to improve the quality of nursing education and clinical preparedness of students.

4. The Practice:

- The ASSC is equipped with mannequins, simulators, task trainers, and audio-visual aids.
- Students undergo regular simulation sessions integrated into the curriculum.
- Faculty conduct demonstrations, guided practice, and scenario-based simulations.
- Simulation activities include fundamental nursing skills, emergency care, maternal and child health, and critical care procedures.
- Structured debriefing sessions are conducted to promote reflective learning.
- Competency assessments are carried out using OSCEs and standardized checklists.

5. Evidence of Success:

- Improved student performance in clinical skill assessments and OSCEs.
- Enhanced confidence and competence among students during clinical postings.
- Positive feedback from students and faculty regarding hands-on learning experiences.
- Reduction in clinical errors and improved adherence to standard nursing procedures.
- Better preparedness of students for real clinical situations and emergencies.




Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI



SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195. Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnvapi.org

6. Problems Encountered and Resources Required:

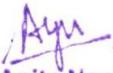
Problems Encountered:

- High initial cost of simulation equipment and maintenance.
- Need for continuous faculty training in simulation-based teaching.
- Scheduling challenges due to large student intake.

Resources Required:

- High- and medium-fidelity mannequins and skill trainers.
- Trained faculty and technical support staff.
- Dedicated space with audio-visual facilities.
- Regular maintenance and upgradation of simulation equipment.




Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI



SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195. Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnavapi.org

Best Practice-II

1. Title of the Practice : Comprehensive Student Counselling and Wellness Initiative

2. Objectives of the Practice:

- To promote the mental, emotional, and social well-being of students.
- To provide systematic counselling support for academic, personal, and psychological issues.
- To help students manage stress, anxiety, and emotional challenges effectively.
- To enhance coping skills, self-confidence, and resilience among students.
- To create a supportive, inclusive, and student-friendly institutional environment.
- To facilitate early identification and timely referral of students requiring professional support.

3. The Context:

Students enrolled in professional courses face academic pressure, competitive environments, personal challenges, and emotional stress, which may negatively impact their mental health and academic performance. Recognizing the growing need for structured mental health support, the institution initiated the Comprehensive Student Counselling and Wellness Initiative. The practice emphasizes student welfare, psychological well-being, and a healthy academic environment.

4. The Practice:

The initiative functions through an organized Counselling Cell -SPARSH comprising trained faculty counsellors and external mental health professionals. Counselling services are provided through individual and group sessions while maintaining confidentiality and ethical standards. Students can access counselling voluntarily or through faculty referrals. Regular wellness activities such as stress management programmes, mental health awareness sessions, motivational talks, life-skills training, and coping strategy workshops are conducted. The initiative also addresses academic difficulties, interpersonal conflicts, emotional concerns, and adjustment issues. Students requiring specialized intervention are referred to professional psychologists or psychiatrists. Records of counselling activities are maintained with strict confidentiality.

5. Evidence of Success:

The initiative has resulted in improved emotional well-being, confidence, and academic focus among students. Increased utilization of counselling services reflects growing awareness and acceptance. Feedback from students indicates better stress management, improved coping abilities, and enhanced motivation. Faculty observations show improved classroom behavior, attendance, and academic




Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI



SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195. Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnavapi.org

engagement. The initiative has contributed significantly to creating a positive and supportive campus environment.

6. Problems Encountered and Resources Required:

Problems Encountered:

- Initial reluctance and stigma associated with seeking counselling support.
- Limited availability of professional mental health experts regularly.
- Time constraints due to academic schedules.

Resources Required:

- Trained faculty counsellors and professional mental health experts.
- Dedicated counselling and wellness space ensuring privacy.
- Educational materials for mental health awareness and wellness programmes.
- Institutional support for referral services and follow-up care.




Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI